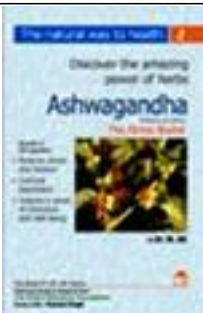




### Brahmi-the Brain Tonic

**Id:** 9218E | **Pg:** 32 | **ISBN:** 8178060418 **Price:** Rs. 30.00 US\$ 3.00

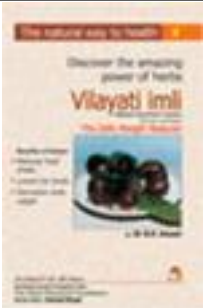
At its best, the human mind has awesome powers that can beat even super-computers, two such examples being Grandmaster Garry Kasparov and maths wizard Shakuntala Devi. Even the best of minds and memories, though, need to be nourished and honed. And Brahmi "a herb popular i ...



### Ashwagandha-the Stress Buster

**Id:** 9216C | **Pg:** 32 | **ISBN:** 8178060396 **Price:** Rs. 30.00 US\$ 3.00

The stress of modern life is at the root of a host of problems... stomach ailments, impotence, blood pressure, heart attacks and strokes... which is why stress is termed as the silent killer. To combat stress, one needs to induce a sense of relaxation and well-being in oneself. Fo ...



### Vilayati Iml-the Safe Weight Reducer

**Id:** 9215B | **Pg:** 32 | **ISBN:** 8178060388 **Price:** Rs. 30.00 US\$ 3.00

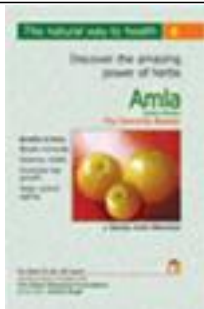
Are you embarrassed about your overweight, and disheartened by the remedies tried so far? Do not lose heart! Discover the amazing properties of Garcinia Cambogia (also known as Vilayati Iml, or Malabar Tamarind or Kokam)--an incredible herb known to control obesity most effe ...



### Spirulina

**Id:** 9219F | **Pg:** 32 | **ISBN:** 817806040X **Price:** Rs. 60.00 US\$ 3.00

Do you often feel run down, or fatigued? In fact, malnutrition can lead to a host of ailments, and despite our best efforts, it becomes difficult to meet all our nutritional requirements from everyday food sources. Now, fortunately we have an effective answer to this: Spirulina, the mos ...



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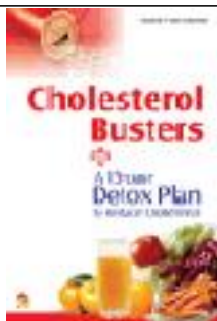
Increasing levels of pollution promote the growth of free radicals in the body, causing a host of diseases, including degenerative ones. Free radicals also promote premature ageing. To counter these harmful effects, the body needs antioxidants – substances that effectively c ...



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**Id:** 9222C | **Pg:** 130 | **ISBN:** 8178060442 **Price:** **Rs. 125.00** **US\$ 5.00**

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## Cholesterol Busters

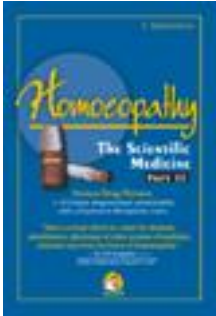
**Id:** 9324E | **Pg:** 103 | **ISBN:** 8178061074 **Price:** **Rs. 75.00** **US\$ 3.00**

Over the past decades there has been a growing concern world over about the higher deposits of cholesterol in human body resulting in life-threatening diseases in millions of people. The solution is to understand the genesis of the problem and devise ways to be free from it. The author opines that ...



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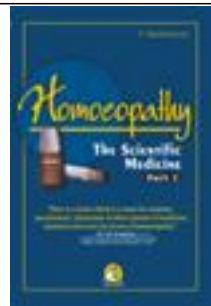
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## Homoeopathy The Scientific Medicine I

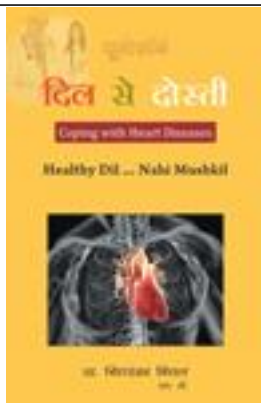
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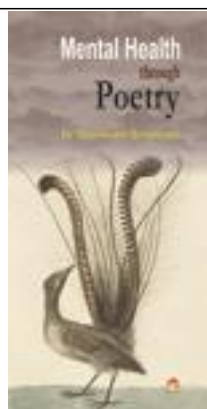
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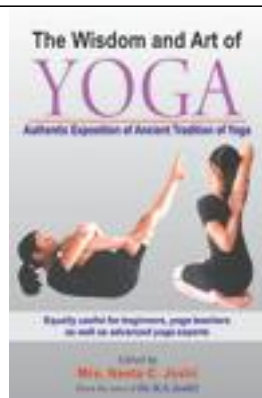
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