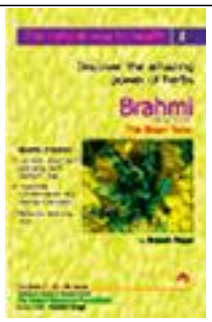
Unicorn Books

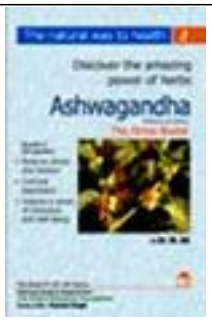
Health, Alternative Medicine



Brahmi-the Brain Tonic

Id: 9218E | **Pg**: 32 | **ISBN**: 8178060418 **Price: Rs.** 30.00 **US$** 3.00

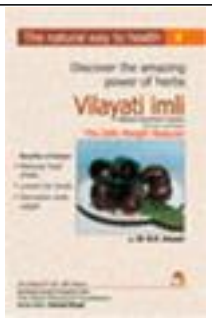
At its best, the human mind has awesome powers that can beat even super-computers, two such examples being Grandmaster Garry Kasparov and maths wizard Shakuntala Devi. Even the best of minds and memories, though, need to be nourished and honed.And Brahmi "a herb popular i ...



Ashwagandgha-the Stress Buster

Id: 9216C | **Pg**: 32 | **ISBN**: 8178060396 **Price: Rs.** 30.00 **US$** 3.00

The stress of modern life is at the root of a host of problems... stomach ailments, impotence, blood pressure, heart attacks and strokes... which is why stress is termed as the silent killer. To combat stress, one needs to induce a sense of relaxation and well-being in oneself. Fo ...



Vilayati Imli-the Safe Weight Reducer

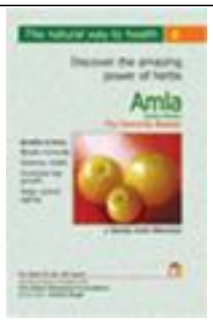
Id: 9215B | **Pg**: 32 | **ISBN**: 8178060388 **Price: Rs.** 30.00 **US$** 3.00

Are you embarrassed about your overweight,and disheartened by the remedies tried so far?Do not lose heart! Discover the amazing properties of Garcinia Cambogia(also known as Vilayati Imli,or Malabar Tamarind or Kokam)--an incredible herb known to control obesity most effe ...

Spirulina

Id: 9219F | **Pg**: 32 | **ISBN**: 817806040X **Price: Rs.** 60.00 **US$** 3.00

Do you often feel run down,or fatigued?In fact,malnutrition can lead to a host of ailments,and despite our best efforts,it becomes difficult to meet all our nutritional requirements from everyday food sources. Now,fortunately we have an effective answer to this:Spirulina,the mos ...



Amla (emblica Officinalis): The Immunity Booster

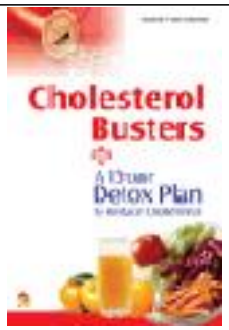
Id: 9220A | **Pg**: 32 | **ISBN**: 817806037X **Price: Rs.** 30.00 **US$** 3.00

Increasing levels of pollution promote the growth of free radicals in the body, causing a host of diseases, including degenerative ones. Free radicals also promote premature ageing. To counter these harmful effects, the body needs antioxidants â€“ substances that effectively c ...

Safe-n-sure Weight Loss Programme

Id: 9222C | **Pg**: 130 | **ISBN**: 8178060442 **Price: Rs.** 125.00 **US$** 5.00

Today we have a variety of treatments and course promising miraculous results in weight shedding.But the problem with most of them is that the ment you discoutinue with the prescribed practice you revert to the original shape. This self-help weight loss book is probably I ...



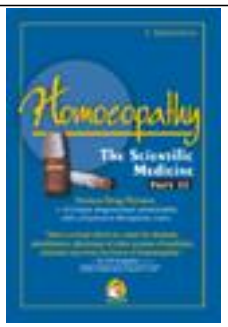
Cholesterol Busters

Id: 9324E | **Pg**: 103 | **ISBN**: 8178061074 **Price: Rs.** 75.00 **US$** 3.00

Over the past decades there has been a growing concern world over about the higher deposits of cholesterol in human body resulting in life-threatening diseases in millions of people. The solution is to understand the genesis of the problem and devise ways to be free from it. The author opines that ...

Har Dasva Bhartiya Man Ka Rogi! Janiye Kahi Aap To Nahi?

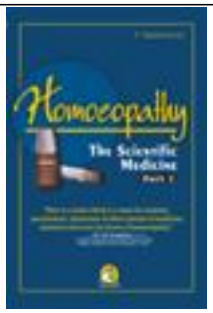
Id: 9333D | **Pg**: 209 | **ISBN**: 8178061201 **Price: Rs.** 150.00 **US$** 6.00



Homoeoptahty The Scientific Medicine Ii

Id: 9202D | **Pg**: 224 | **ISBN**: 8178060027 **Price: Rs.** 135.00 **US$** 6.00

This Part-II volume facilitates comparative therapeutic notes, supported by 35 clinical cases. The homeopathic system, is non-violent, non-intrusive and side-effects are almost non-existent. The True Science of Healing,Homoeopathy is based on certain fixed laws and principles. The principles are capable of unlimited applications to meet any kind of new or old diseases.



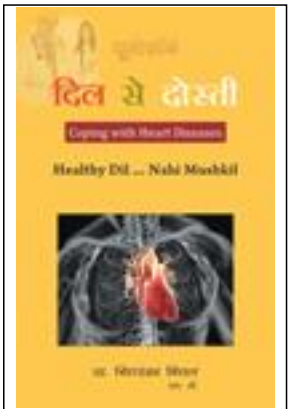
Homoeopathy The Scientific Medicine I

Id: 9201A | **Pg**: 139 | **ISBN**: 8178060019 **Price: Rs.** 96.00 **US$** 4.00

The book is a comprehensive elucidation of Homeopathy as a scientific system of medicine.It covers all aspects of the said system -- citing about 85 case-illustrations with specific therapeutic conditions.

Salai Guggal - The Arthritic-pain Reliever

Id: 9217D | **Pg**: 32 | **ISBN**: 8178060426 **Price: Rs.** 30.00 **US$** 3.00

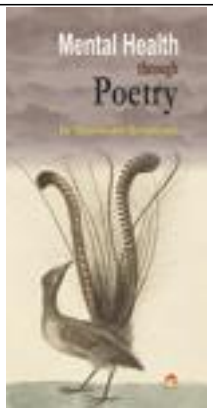


Dil Se Dosti - Coping With Heart Diseases

Id: 9707C | **Pg**: 104 | **ISBN**: 8178062070 **Price: Rs.** 150.00 **US$** 6.00

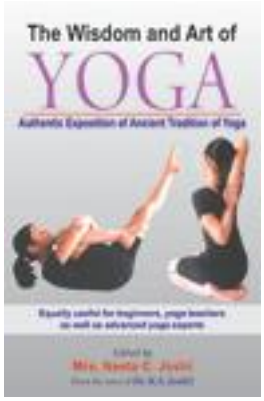
Taming The Little Devils Within

Id: 9710B | **Pg**: 264 | **ISBN**: 8178062089 **Price: Rs.** 175.00 **US$** 7.00



Mental Health Through Poetry

Id: U3034 | **Pg**: 191 | **ISBN**: 8178063034 **Price: Rs.** 100.00 **US$** 4.00



The Wisdom And Art Of Yoga - Authentic Exposition Of Ancient Tradition Of Yoga

Id: U3164 | **Pg**: 247 | **ISBN**: 8178063166 **Price: Rs.** 395.00 **US$** 16.00

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Unicorn Books publishes an extensive range of books that are both affordable and high-quality.