



## Corn Cuisine



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Corn - the very mention of the word conjures up visions of hot, tasty, freshly roasted, golden corn cobs relished with gusto during the summer and rainy season. But there is much more than just that. A versatile grain, it can be boiled, ground, grilled, roasted and cooked in numerous ways. An array of exotic dishes can be experimented and enjoyed. Make Mexican Tacos, Italian Polenta, Chinese Chicken-Corn Soup, American Corn Bread, Methauries, and other fancy veg and non-veg dishes. These mouth-watering delicious treats can easily be prepared at home. Sure to tickle your taste buds and satisfy your palate! Surprise your guests. Let them wonder at your expertise in making every corn recipe they can think of. Known for its high fibre and carbohydrate content, it is a boon for the health-conscious too. 60 corn recipes for all occasions, a bonanza for all corn lovers!

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3. Chinese Chicken Corn Soup
4. Chicken, Shrimps, Sweet Corn Soup
5. Corn and Mushroom Chowder

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2. Innovative Chicken-Corn Salad
3. Tuna Fish and Corn Salad in Baked Spinach Ring
4. Corn, Carrot, Cauliflower, and Coconut Salad
5. Pungent Corn Salad
6. Beetroot and Corn Salad

### Snacks

1. Makai Ghoogni
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3. Cornmeal Swirls
4. Corn Pancakes
5. Tacos
6. Basic Tortillas and Enchiladas
7. Cream Crackers topped with Chicken-Corn mixture

### Snacks

1. Corn Stuffed Chilli Wada
2. Cornflake Chewda



3. Corn Fritters/Pakoda
  4. Steamed and Tossed Cornmeal Balls
  5. Popcorns
  6. Steamed Corn on the Cob
  7. Stir-fried Baby Corn Fingers
  8. Steamed Corn Cups
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